



share your *Cancer* challenge  
*Support Group*

*for survivors – families – friends*

*Thank you for your continued feedback on how we can improve our service to you. We are revising our support group to provide you with more information and greater opportunities to share your experiences.*

*Please join us on the following dates and times:*

**Exercise Therapy - How It Can Benefit You**

*Presented by Jennifer Rottler, PT*

June 24, 5:30 – 6:30 p.m. in the Sky Ridge Auditorium

**Nutrition During and After Treatment to  
Maximize Health and Minimize Side Effects**

*Presented by our Sky Ridge Registered Dieticians*

July 29, 5:30 – 6:30 p.m. in the Sky Ridge Auditorium

**Integrative Therapies and Complementary Healing Strategies**

*Presented by Progressive Health Center*

August 26, 5:30 – 6:30 p.m. in the Sky Ridge Auditorium